

# CURRICULUM VITAE

## SCHOLASTIC NANGILA ADELI

**Nationality:** Kenyan  
**Current Designation:** Senior Lecturer of Counselling Psychology  
**Contacts:** P.O. Box 802, Eldoret  
Cell Phone: 0722 378 267  
Email: [scholasticadeli@gmail.com](mailto:scholasticadeli@gmail.com)  
[scholasticadeli@mu.ac.ke](mailto:scholasticadeli@mu.ac.ke)

## OVERVIEW

I believe in discipline, conscientiousness and service and would like to participate in ventures where these are tested without shunning challenges and where there is room for creativity, the exposure of talent and skill.

## EDUCATIONAL BACKGROUND

2009-2013: PhD – Counselling Psychology, Egerton University  
2005-2008: Masters in Guidance and Counseling, Moi University  
June 2004: TOT Certificate course - K.I.P.C  
2002-2004: Higher Diploma in Psychological Counselling - K.I.P.C.  
1985-1988: Bachelor of Education (Arts) degree, Kenyatta University  
1971-1983: Primary and Secondary school Education

## PROFESSIONAL EXPERIENCE

2013 to date: Mentorship program trainer – YATA  
2011 to date: Professional Counsellor, Trainer and Supervisor - KGCPA  
2002 to date: Accredited Counsellor - KCPA

## WORKING EXPERIENCE

July 2015 to date: Senior Lecturer, Moi University, School of Arts and Social Sciences  
2009 to July 2015: Lecturer, Moi University - School of Arts and Social Sciences  
2003-2009: Administrator I/C Exams, Moi University, School of Medicine  
1988-2003: Secondary School teacher - taught in Kaimosi Girls, Utumishi Academy and Njoro Boys High Schools

## Part-time teaching

Nov. 2017: Part-time Lecturer, Kabarak University  
2016: Internal Part-time for postgraduate teaching  
2015: Internal Part-time for postgraduate teaching  
2012: Associate faculty, Mount Kenya University  
2012: Part-time Lecturer, Nazarene University

## APPOINTMENTS

### Academic

Sep 2021 to date: Peer Reviewer-African Journal for Aids Research  
2021 to date: Peer reviewer –PLOS ONE online journal  
August 2017 date: Academic Mentor/Leader-Counselling Psychology Program (EWC) 20<sup>th</sup> –  
28<sup>th</sup> Nov. 2014: Acting Head, Department of Sociology & Psychology  
Oct 2013 to date: Peer Reviewer - Kenyan Journal of Guidance, Counselling and Psychology  
April 2009 to date: Moi University Counselling Psychology Program coordinator  
Oct. 2011 - 2014: Coordinator, Kitale campus -Moi University, School of Arts and Social Sciences

### Non Academic

May 2020 to date: Board member- Ethical Mental Health Innovations for Youth in Africa (EMDIYA)  
May 2018 to date: Member of the Power of Mercy Advisory Committee (POMAC)  
July 2017 to date: Member of Church management board (Vice chair)  
January 2016 to date: Kenya Board Member of the Noah Initiative (NGO)  
Nov 2014 to date: Organizing Secretary – KGCPA  
Jan 2012 - 2019: Member of the School Board of Management, Friends' School Kamusinga

## EXTERNAL EXAMINER

2020 to date: Maseno University-School of Arts and Social Sciences, Department of Psychology

## EXAMINING OF THESIS

### A. External Examination

1. **AWUOR BERTHA OMANJE (MA/FA/0090/2014)**  
**Title of Thesis:** Predictors and Psychological Effects of Sexual Violence among Female College Students in Kisumu County, Kenya
2. **CORNILA WANJA OBARE (MA/FA00020/2014)**  
**Thesis Title:** Contextual Influence on Psychological Adjustment of Pupils with Disabilities in Inclusive Primary Schools in Kisumu East Sub County, Kenya
3. **WANGA PATRICK WAMBUNYA**  
**Thesis Title:** Effect of Career Woman on the Sstability of Christian Families among Selected Churches in Imenti North, Meru County, Kenya
4. **PAMELA OSANO (MACPNKR702518)**  
**Thesis Title:** Influence of Parenting Styles on Self-esteem of Delinquents at the Juvenile Rehabilitation Centers, Nakuru, Kenya

### B. Internal Examination

5. **SEBA CECILIA NGUNYA(SASS/MCP/08/2012)**  
**Thesis Title:** Influence of Contextual Factors on Parenting and Parenting Styles, Eldoret, Kenya
6. **MARY NAIA OGINA (SASS/MCP/06/12)**

**Thesis Title:** Influence of Socio Demographic, Socio Economic and Psychological Wellbeing on Remarriage Satisfaction in Likuyani Sub County

7. **ELIZABETH CHERONO NG'ELELEY (SASS/MCP/02/13)**

**Thesis Title:** Experiences of Informal Family Caregivers of the Aged in Kesses Sub County, Uasin Gishu County Kenya

8. **CHEPKENER, JENNIFER JEPKOSKEI (SASS/MCP/03/2012)**

**Thesis Title:** Factors Influencing Undergraduate Students' Level of Satisfaction with On and Off Campus Accommodation at Moi University Main Campus, Kenya

9. **MUGURE J. NJERI (SASS/MCP/11/2012)**

**Thesis Title:** Psychosocial Needs and Challenges of Caregivers at Eldoret Hospice in Eldoret town

## **SUPERVISION OF PROPOSAL/THESIS**

### COMPLETED

#### PhD

1. **Muthee John Mbai (SASS/DPHIL/SOC/02/2016).** Challenges Influencing Reentry and Reintegration of Women Ex-offenders into the Community in Nyeri County, Kenya

#### Masters

2. **Kariuki N. Jane (SASS/MCP/9/12)**-Predictive and Protective Factors of Compassion Fatigue among Health Care Professionals in Moi Teaching and Referral Hospital
3. **Razoa Owendi Esiaba (SASS/MCP/05/13)**- Experiences and Psychological Effects of Spousal Caregiving to Chronically ill Spouses in Moi Teaching and Referral Hospital-Eldoret, Kenya
4. **Sarah Busienei (15S06DMCP001)**-Psychotherapeutic Interventions and Intentions to Exit Street Level Prostitution among Female Sex Workers in Uasin Gishu County Kenya
5. **Beatrice Barmasai (16S06DMCP003)**-Influence of Parenting Styles on Self-esteem among Adolescents in Public Secondary Schools in Uasin Gishu County, Kenya
6. **Onyach George Omollo (SASS/PGMSC/02/15).** Adverse Childhood Experiences and the Lifelong Consequences of Trauma among College Students in Eldoret Municipality

### INTENT TO SUBMIT

#### PhD

1. **Kiba Daniel Kirui(SASS/D.PHIL/SOC/01/14).** Assessment of the Effectiveness of Drug Rehabilitation Centres and Programs in Uasin Gishu county, Kenya
2. **Kipngetich J. Keter(SASS/DPHIL/SOC/03/13).** Socioeconomic Factors Determining Women's Post Graduate Educational Achievement and Implications in Nandi County, Kenya

## **Masters**

3. **Ebby Kosgei Ebby J. Kosgey(SAS/MP/02/14).** Association of Counselors' Characteristics and Attitude towards Peer Supervision in Moi Teaching and Referral Hospital, Kenya.
4. **Mulema Ronald(SASS/PGSS/01/16)-** Influence of Socio-Cultural Factors on Free Maternal health care in Korogocho ward Ruaraka ,Kenya

## **At proposal Level**

1. **Elizabeth Ng'ang'a(SASS/PGS/03/15)** –Socio-economic Factors Influencing Caregiver's Role in Caring Children with Cancer
2. **Judith M. Afundi Kihima(PGCP/002/2018)-** Effects of Psychological, Emotional and Social Challanges Experienced by Milenials in Makadara, Nairobi County
3. **Tarus Faith(SASS/PCP/01/13)-**Effect of Devolution of Health Services on Job Satisfaction of Health Workers in Uasin Gishu County, Kenya
4. **Naftali Yego (SASS/PCP/03/13)-**Influence of Culture on the Mental Health of Patients Diagnosed with Cancer in Uasin Gishu County, Kenya

## **RESEARCH EVIDENCE**

- A Life Course Approach to Understanding the Lived Experiences of People Living with HIV from Diagnosis to Death in Kenya in collaboration with Nottingham Trent University –UK- Ongoing
- Awareness, Utilization and Efficacy of Cervical Cancer IEC materials among WLWHA in Webuye and Mosoriot Kenya- U54 Development AMPATH grant on Cervical Cancer awarded \$6500-Ongoing
- Children Reintegration, Community Acceptability and Adaptability ; An Assessment of charitable Children Institutions and CBOs in Uasin Gishu county-Final report submitted
- The Biological, Psychological and Social Impact of COVID 19 on people living with or affected by HIV – In collaboration with University of South Florida-Department of Psychology-ongoing
- APS Fund for a Conference on Teaching and Public Understanding of Psychological Science - Translating Research to improve the teaching of Psychological Science.
- Involved in the Stigma reduction through Education, Empowerment and Research (SEERS) project with partners from the University of South Florida Department of Psychology and have initiated possibilities for collaboration with Moi University
- Multi-institutional research proposal on strengthening national education systems (IDRC)
- Multi-institutional research proposal on growth and economic opportunities for women (GrOW-East Africa)
- Multi-institutional research proposal on management intervention of COVID 19 through communication and community engagement – IRF.
- Multi-institutional research proposal on sexual violence among university students with disabilities - SVRI

## **WORKSHOPS/CONFERENCES ATTENDED**

11<sup>TH</sup>-12<sup>TH</sup> Nov 2021: International conference on Mental Health: Contemporary Family Issues in a Dynamic World-

- July 2<sup>nd</sup>-July 3<sup>rd</sup>2021: International conference on Challenges and Resilience in the Education Sector during Covid-19 pandemic-KAEAM -Virtual
- 26<sup>th</sup> -27<sup>th</sup> Nov 2020: International Conference on-Boards of the Future: Embracing Change and Transformation Now - WOBN-Virtual
- 20<sup>th</sup> - 22<sup>nd</sup> Nov 2019: International conference on Mainstreaming Mental Health in the Public and Private sector for Total Universal Health Care-International Conference at Chuka University, Kenya
- 14<sup>th</sup>-16<sup>th</sup> Nov 2018: International Conference on Integration of Mental Health Service Delivery towards Achievement of Sustainable Development Goals- Maseno University
- 15<sup>th</sup> -17<sup>th</sup> Feb 2018: Preparing for Retirement-Workshop,Eldoret Kenya
- 16<sup>th</sup>- 18<sup>th</sup> Nov 2016: Promotion of Gender balance on Boards by Nurturing, Inspiring and Developing Women Leaders-WOBN Conference –Naivasha Kenya
- 8<sup>th</sup>-9<sup>th</sup> Sep 2016: Emotional Intelligence at the workplace –Workshop Eldoret, Kenya
- 26<sup>th</sup>-27<sup>th</sup> May 2016: Empowering Women Leaders- WOBN County forum workshop, Kisumu, Kenya
- 21<sup>st</sup>-23<sup>rd</sup> April 2016: Discover Your Potential conference -Eldoret Kenya
- 9<sup>th</sup>- 12<sup>th</sup> March 2016: International conference on "Between order and instability" Challenges (s) Insecurity (s) in the Africa in transition- Abomey University- Benin
- 3<sup>rd</sup> - 4<sup>th</sup> Dec. 2015: International Conference on -Teaching and Learning of Psychological Science- Moi University/APS conference; Kenya
- 13<sup>th</sup>-14<sup>th</sup> Nov 2015: National Conference on Disaster Responsiveness and Psychological First Aid-Kenya Guidance Counselling and Psychological Association Egerton University, Kenya
- 4<sup>th</sup>-6<sup>th</sup> Nov 2015: International Conference on -Gender Matters: Visions from Africa for the Internationalization of Higher Education: Bayreuth University-Germany
- 8<sup>th</sup>-10<sup>th</sup> Oct.2014: National Conference on-Quality Education for Technological Innovation and Development (KAEAM) - Nakuru Kenya
- 21<sup>st</sup>- 23<sup>rd</sup> July 2014: International Workshop on Faculty and Administrators Training – Makerere University Uganda- CARTA
- 14<sup>th</sup>-15<sup>th</sup>Nov.2013: National Conference on Alcohol and Drug Abuse in National Institutions in Kenya: Prevention Strategies Egerton University – Kenya
- 8<sup>th</sup>-10<sup>th</sup> Nov.2012: National Conference on Leadership with Conscience – (KAEAM) – Nyahururu Kenya
- 23<sup>rd</sup>-25<sup>th</sup> Feb 2012: Gender Policy Awareness Workshop - Moi University
- 16<sup>th</sup> -18<sup>th</sup> Dec. 2011: National Conference on Enhancement of Mental Health in the Kenyan Society to achieve social and economic development in line with vision 2030 – Egerton University
- 12<sup>th</sup>-14<sup>th</sup> Nov. 2010: National Conference on The need for a National Guidance and Counselling Association in Kenya - Egerton University
- 5<sup>th</sup> Nov. 2010: IGERD Workshop-Achieving quality through Mentoring –Moi University, Eldoret.
- 7<sup>th</sup> - 9<sup>th</sup> Sep 2010: Issues facing the Family and the Counselling Response – KAPC Nairobi
- 2<sup>nd</sup> - 4<sup>th</sup> Sep 2009: Counselling Research and its Implications – KAPC, Nairobi
- 1<sup>st</sup> - 2<sup>nd</sup> April 2009: Effectiveness and efficiency in Service Delivery - Moi University
- 25<sup>th</sup>- 26<sup>th</sup> Sep 2008: Psychosocial Response to Conflict Driven Emergency Displacement –

IOM, Eldoret  
 29<sup>th</sup>July-2<sup>nd</sup>Aug2008: Resource Utilization for Sustainable Growth and Development in the 21<sup>st</sup> Century: Moi University  
 4<sup>th</sup>- 6<sup>th</sup> Sep 2007: HIV/AIDS Counseling – Trends and Challenges: KAPC, Nairobi  
 2006: Research as Core Business of the University - Moi University  
 2006: Problem Based Learning; Moi University  
 2004: Short course on Disaster Management - KIPC, Eldoret

### **CAPACITY BUILDING TRAINING**

June –July 2020: Authentic Leadership Program- SCL-South Africa  
 19<sup>th</sup> April-16<sup>th</sup> May2020: Blended learning Practice-Athabasca University  
 5<sup>Th</sup> April- 9<sup>Th</sup> May 2020: Introduction to Technology Enabled Learning (TED) – Athabasca University  
 1<sup>st</sup>-6<sup>th</sup> March 2020: Management Challenge Course-Outward Bound Trust of Kenya  
 Jan-March 2020: Strategic Leadership Development Program (SLDP) - KSG  
 May 2019: Human Factor at the workplace -YATA  
 June 2018: Corporate Governance Training - WOBN  
 July 2017: Retirement and how to prepare for life after - YATA  
 March 2016: Emotional intelligence at the work place - YATA  
 Feb 2016: Loss and Grieve among Christians - IVC

### **MEMBERSHIP**

March 2016 to date: Member of the Christian and Scientific Association of Kenya (CSAK)  
 April 2015 to date: Member of the Moi University Trauma Response Team (MUTRT)  
 April 2011 to date: Member of the Governing Council – Kenyan Guidance, Counselling and Psychological Association (KGCPA)  
 Feb 2011 to date: Member of the Kenya Association of Educational Administration and Management (KAEAM)  
 2004 to date Member of the Kenya Counsellors and Psychological Association (KCPA)

### **PUBLICATIONS**

**Adeli, S.M. & Mbutitia ,F. N.** (2021). Challenges and Best Practices in Incarcerating the Intellectually Challenged Offenders. Kenyan urnal of Guidance, Counselling and Psychology Vol 1. 67-76  
 Gabbidon, K., Chenneville, T., & **Adeli S.** (2020). HIV/AIDS in Kenyan Schools: Neuropsychological and Psychoeducational Implications. *International Journal of School and Educational Psychology*, **8 (4)244-255**.  
<https://doi.org/10.1080/21683603.2020.1796122>  
**Adeli , S. M. & Mbutitia F.N.** (2020). Experience, Age and Burnout: Implications on Motivation and Retention of Student Affairs Personnel (SAP) in Kenyan Universities. *Journal of Research in Education Science and Technology* **5(1), 36-49**  
 Mbutitia,F.N. & **Adeli, S.M.**(2020). Building Resilience: The Invisible Childhood Emotional Neglect. *Journal of Children and Teenagers. Vol 3. (2), 2020*

- Kiba, D., Barasa, F. & **Adeli, S.** (2020) Clients' Perception towards Helpfulness of Rehabilitation Centres in Drug and Substance Abuse Prevention and Recovery in Uasin Gishu, Kenya. *International Journal of Business & Management. Vol 8(9) PP 254259*
- Muthee, M. J., **Adeli, S.** & Barasa, F.(2020).Effects of the Challenges Facing Re-entry of Women Ex-Offenders in Nyeri County, Kenya. *International Journal of Research in Business and Social Science. Vol 9. No. 4*
- Mbutitia, F.N. & **Adeli, S.M.** (2020). Building Hope as an Intervention for Positive Change: An Exploratory Study of the Youth in Kenyan Universities. *Journal of African Studies in Educational Management and Leadership, Vol 12, PP 73-90*
- Kariuki, J., **Adeli, S.** & Kimani, G. (2020). The Protective Role of Self-care in the Development of Compassion Fatigue among Health care Professionals in Moi Teaching and Referral Hospital-Kenya. *International Journal of Innovative Research and Development Vol 9(4) 250-254*
- Chepchiong, M., **Adeli, S.** & Ndetei, D.(2020) African Zone-Kenya Guidance Counselling and Psychological Association: *Global Mental Health & Psychiatry (GMHP) Review. Vol 1(1)*
- Muthee, J. M., Barasa, F. & **Adeli, S.** (2019). Relationship Challenges Facing Re-integration of Women Ex-Offenders in Nyeri County, Kenya. *International Journal of Social and Development Concerns. Vol 10(7)*
- Mbutitia, F & **Adeli, S.** (2019). Psychological Trauma in Secondary Schools in Kenya: Implication on Students Mental Health. *Kenyan Journal of Guidance, Counselling and Psychology. Vol 8, Number 1. pp 50-57*
- Adeli, S.** & Mbutitia, F. (2019). Training for Professionalism in Institutions of Higher Learning in Kenya: A Phenomenological Analysis of Counselors' Attachment/Practicum Experience. *Review of Human Factor Studies. Vol 25(1) pp 49-68*
- Mbutitia, F. N. & **Adeli S.N.** (2018). Future Voices: Who is listening? *Journal of Education, Society and Behavioral Sciences (2018/JESBS/44132)*
- Busienei, S. **Adeli, S.** & Olay, W., (2018). Relationship between Female Sex Workers Attitude towards Provision of care and Intention to Exit Street-Level Prostitution in Eldoret Town. *Africa International Journal of Multidisciplinary research (AIJMR), 2(6), 27-43*
- Cheshire, I. J., **Adeli, S. M.** & Mbutitia, F. N. (2018). Depression Coping Strategies among University Medical Students in Kenya. *Journal of African Studies in Educational Management and Leadership. Vol. 10 pp 94-109*
- Mbutitia, F. N. **Adeli. S. M.** & Cheshire I. J. (2017). Hedonism among University Students: Implication on the Quality of Learning in Kenya Universities. *Kenyan Journal of Guidance, Counselling and Psychology. Vol. 7 (1) pp 69-77.*
- Kariuki J. Kimani C & **Adeli S.** (2017). The predictive role of age and gender in the development of compassion fatigue among health care professionals in MTRH, Eldoret, Kenya. *African Journal of Education Science and Technology (AJEST) Vol 4 PP 171-177.*
- Adeli, S.M.** & Mbutitia F. N. (2017) Mental Health Stigma: Barriers to Treatment and Participation in Mental Health Care among University Students in Kenya. World Academy of Science, Engineering and Technology. *International Journal of Psychological and Behavioral Sciences Vol: 11, No: 11, 2017 PP 11--22*
- Adeli, S.M.**, Mbutitia. F. N. & Chakua C., (2016). Portent and Preventive Factors for Trauma among Journalists in Kenya. *Kenyan Journal of Guidance, Counselling and Psychology. Vol. 6 (1) pp 1-9*

- Adeli, S.M.** (2016) Selection of a Preschool: Comparison between Play-Based and Academic Based Preschools in Eldoret Municipality. *Journal of African Studies on Education Management and Leadership*. Vol 7.2. PP 28-46
- Mbutitia, F. N., **Adeli, S. M.** & Chesire, I. J. (2014). Influence of HIV and AIDS Psychosocial stressors prevalence: Implication on girl-child Education in Kenya. *African Journal of Education and Technology*. Vol 4(2) 44-54
- Adeli, S. M.**, Sindabi, A & Njonge, T. (2014). Relationship between Gender and Job Burnout among Student Affairs Personnel in Kenyan Universities. *Journal of African Studies in Educational Management and Leadership* Vol 4 (1) 6-23
- Adeli, S. M.**, Sindabi A. & Njonge, T. (2014). Rekindling the service provider passion for work: The three 'R' Approach in dealing with Burnout among student affairs personnel in Kenyan universities. *International Journal of Social Sciences and Entrepreneurship* Vol 1(12) pp1-20
- Adeli, S. M.**, Sindabi, A. & Njonge T. (2013). Role Conflict and Burnout: The Direct and Moderating Effects on Student Affairs Personnel in Universities. *Kenyan Journal of Guidance, Counselling and Psychology* Vol 3, 1pp169-182
- Adeli S.**, Sindabi A. & Njonge T. (2013) Relationship between Occupational factors, Individual Characteristics and Burnout Levels among Student Affairs Personnel in Public and Private Universities in Kenya. *An unpublished PhD Thesis; Egerton University*
- Chakua, C. W., **Adeli, S. M.** & Mbutitia, F. N. (2011). The self-As – Source Empowerment Model (SASEM) for the Promotion of Peace in society *Kenyan Journal of Guidance, Counselling and Psychology* Vol. 1, 1 Pp188-195
- Adeli, S. M.** (2011). Pain or Pleasure: Understanding the Female experience of Sibling Incest. *IGERD. Journal- Perspective on Selected Critical Gender Issues in Kenya and Beyond* Vol. 2 pp37- 48
- Adeli, S. M.** (2010). *Gender, Academic Program and Experience in Learning: An assessment of students' attitude towards Problem Based Learning (PBL)*. Saarbrucken, Germany: VDM Verlag Publishing co

## **OTHERS**

**By Moran Publishers** Wanaswa R. & **Adeli S. M.** 2003 – 2005: CRE Pupils' Books 2, 3, 4, 6, 7, & 8 plus accompanying Teachers' guides

## **COMMUNITY SERVICE**

Feb 8<sup>th</sup>-12<sup>th</sup> 2021: Trainer in the Guidance and Counselling Workshop-RVTTI-Eldoret

May 2020: Consultancy Services and support to Eldoret men and Women prison

May 18<sup>th</sup> 2017: Empowering Moi University Non-teaching staff on Marriage and Family-Moi University

April 9<sup>th</sup>-12<sup>th</sup> 2017: Facilitator in the Wareng Sub county Secondary School Heads Conference-

April 2015 to 2019: Psychosocial support to traumatized Garissa University Students

2014 to date: Counselling Consultancy services to Compassion Kenya, Eldoret Rescue home and Ngeria Prison

2013 to date: Counselling Consultancy services to Central Bank – Eldoret Branch



2013 to date: Empowering communities through training, creation of Awareness and Counselling- YATA

Feb 2011: Involved in Adventure and beyond camping activities- Njoro

2006 to date: Teacher support programme - McMillan Kenya/Moran Publishers

2009 to date: Motivational speaker - Handled various topics including but not limited to Loss and grief, Family counseling, Gender Based Violence, Value based Education, Attitude, Stress management, Self Awareness, Emotional Intelligence, Anger Management, study skills, Nurturing Potential, Work-life balance, Drug and substance abuse, Separation/Divorce on families and Personality.

2003 to date: Church Counsellor and trainer: Have developed a curriculum for a Certificate course in Christian Counselling

### **FUTURE EXPECTATIONS**

Being a strong believer in discipline, conscientiousness and service, to work with people at all levels, to educate, mentor, serve, guide, counsel and go further in Research and Authoring.